

Physical Education LONG TERM PLANNING 24/25

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Nursery	To move around the environment safely.	To begin playing ring games.	Hopping, skipping and jumping.	Moving in different ways, changing direction and speed.	Balancing, throwing, kicking and catching.	Showing some control and coordination.
Reception	Moving safely in a space during PE.	Can catch and throw a ball during PE.	To create an obstacle course; positional language.	Change direction, shape and speed.	Movement to music Children link movements together.	To move showing control and coordination.
YEAR 1	Autumn		Spring		Summer	
	Fundamentals through storytelling	Throwing and catching	Dance and Gymnastics	Racket skills	Introduction to team games	Athletics
YEAR 2	Autumn		Spring		Summer	
	Fundamentals through storytelling	Throwing and catching	Dance and Gymnastics	Racket skills	Introduction to team games	Athletics
YEAR 3	Autumn		Spring		Summer	
	Net & Wall (Volleyball & Tennis)	Invasion games (Hockey & football)	Dance and Gymnastics	OAA	Striking and Fielding (Cricket & golf)	Athletics
YEAR 4	Autumn		Spring		Summer	
	Net & Wall (Volleyball & Tennis)	Invasion games (Hockey & football)	Swimming + Dance & Gymnastics	OAA	Striking and Fielding (Cricket & golf)	Athletics

YEAR 5	Autumn		Spring		Summer	
	Net & Wall (Volleyball & Tennis)	Swimming Invasion games (Hockey & football)	Dance and Gymnastics	OAA	Striking and Fielding (Cricket & golf)	Athletics
YEAR 6	Autumn		Spring		Summer	
	Net & Wall (Volleyball & Tennis)	Swimming Invasion games (Hockey & football)	Dance and Gymnastics	OAA	Striking and Fielding (Cricket & golf)	Athletics and OAA