Week 1

Choose from either Cheese & Tomato, or Pepperoni Pepperoni Tomato, or Tomatoes, and Herbs, served on a bed of spaghetti served with crusty bread Tomato, or Pepperoni Tomato, or Pepperoni Tomato, or Tomatoes, and Herbs, served with homemade mashed potatoes, and gravy. Tomatoes, and Herbs, served with cumin, ginger, garlic, chilli, coriander, coconut milk and natural yogurt served on a bed of rice Tomatoes, and Herbs, served with cumin, ginger, garlic, chilli, coriander, coconut milk and natural yogurt served on a bed of rice Tomatoes, and Herbs, served with cumin, ginger, garlic, chilli, coriander, coconut milk and natural yogurt served on a bed of rice Tomatoes, and Herbs, and Finderical Served with homemade mashed potatoes, and gravy. Tomatoes, and Herbs, served on a bed of spaghetti served with crusty break processing the period of the oven & served with crusty break processing the period of the oven & served with crusty break processing the period of the oven & served with crusty break processing the period of the oven & served with crusty break processing the oven & served with crusty break processing the oven & served with company the oven & served with crusty break processing the oven & served with crusty break pr	Monday	Tuesday	Wednesday	Thursday	Friday	
Mixed Broccoli Diced Carrots Peas Baked Beans	A selection of homemade pizza Choose from either Cheese & Tomato, or	bolognaise. Choose from fresh minced beef or soya mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of spaghetti served with crusty	Choose from either a chicken or Quorn sausages served with homemade mashed potatoes,	curry Fresh chicken or Quorn pieces cooked with cumin, ginger, garlic, chilli, coriander, coconut milk and natural yogurt served on a	Choose from breaded cod filler fingers or a cod fillet all baked in the oven & server	
Broccoli Diced Carrots Peas Baked Beans	Served with					
V CECTARIOS	Mixed Vegetables	Broccoli	Diced Carrots	Peas	Baked Beans	

Jacket potatoes available Monday, Wednesday & Friday chooses from a variety of fillings cheese, tuna mayo & baked beans. Pasta dish available Tuesday & Thursday

Deli Bar - Available Everyday

Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - cheese, tuna, Chinese chicken, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot, and peppers.







And for dessert Muffin Fruit Platter Chocolate cookie Arctic Roll Fruit Salad

Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.

And finally, a drink

Water or Milk