




## Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Cheese Wheel</b> Seasoned potatoes mixed with Cheese and encased in a puff pastry, baked in the oven and Served with beans</p>	<p><b>Spaghetti Bolognese</b> Choose from fresh minced beef or soya mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of spaghetti served with garlic bread</p>	<p><b>Smothered Chicken</b> Choose from a fresh chicken fillet or a Quorn fillet topped with BBQ sauce and cheese and baked in the oven and served with Jersey potatoes.</p>	<p><b>Hot Dogs</b> Choose from either pork or Quorn sausage served in a finger roll with fresh potato wedges</p>	<p><b>Fish 'Fry-day'</b> Choose from breaded cod fillet fingers or a cod fillet all baked in the oven &amp; served with chips</p>
<b>Served with</b>				
<b>Green Beans</b>	<b>Broccoli</b>	<b>Sweetcorn</b>	<b>Peas</b>	<b>Baked Beans</b>
or				
<p><b>Jacket potatoes available Monday, Wednesday &amp; Friday</b> chooses from a variety of fillings cheese, tuna mayo &amp; baked beans <b>Pasta dish available Tuesday &amp; Thursday</b></p>				
or				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread – wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily – cheese, tuna, Chinese chicken, turkey, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
<b>And for dessert</b>				
<b>Flapjack</b>	<b>Fruit platter</b>	<b>Cake &amp; Custard</b>	<b>Fruit platter</b>	<b>Vanilla Cookies</b>
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers are available everyday as an alternative to the daily dessert.</p>				
<b>And finally, a drink</b>				
<b>Water or Milk</b>				